



SEPTEMBER / OCTOBER 2024

WALKING THE CAMINO DE SANTIAGO

Footprints with Colette and Antonietta



Clarke-Way Travel | 36 Toronto St. 104G | Toronto ON M5C 2C5 |
905-305-7400 | TICO #1163050





GETTING TO KNOW

Colette & Antonietta

We are the dynamic leaders who orchestrated an extraordinary feat - guiding a team of 24 women to conquer the majestic summit of Mount Kilimanjaro. Our journey is a testament to the power of unity, resilience, and the unyielding spirit of sisterhood.

Beyond conquering peaks, we are the architects of unparalleled group travel experiences. From the vibrant landscapes of Mexico to the sun-kissed shores of Punta Cana, we curate journeys that go beyond destinations, creating lasting memories and forging unbreakable bonds.

Bound by a shared love for adventure and travel, we are not just leaders but the best of friends. As women entrepreneurs, we bring a unique blend of passion and business acumen to every venture.

We embody the belief that small acts of kindness can create ripples of change. Our daily mission is simple yet profound - to help at least one person every day. Rooted in this philosophy, our overarching mission is to spread kindness, explore the world, and savor the diverse cultures that make our planet extraordinary.

Join us on our next adventure that transcends physical boundaries. We invite you to share in our mission - to explore, to connect, and to make a positive impact, one person at a time, while leaving our footprints on the trails of the Camino De Santiago!

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DID YOU KNOW THIS ABOUT Colette?

Colette, is a seasoned Travel Advisor with nearly two decades of experience. With a passion for exploration, Colette has ventured across 24 countries, bringing a wealth of cultural insights to every adventure.

Beyond the role of an advisor, Colette has led over a dozen trips as a tour leader, guiding fellow travellers through diverse landscapes and creating unforgettable memories. A true adventurer, Colette has camped on five continents, embracing the raw beauty of nature.

From the breathtaking landscapes of remote destinations to the vibrant energy of bustling cities, Colette has not only witnessed the world but has also driven across the vast expanse of Canada, gaining a unique perspective on the beauty of the journey.

Beyond the love for travel, Colette is a connoisseur of experiences, finding joy in the pages of a good book, the rhythm of music, and the thrill of trivia. Join Colette on a captivating exploration of the world and discover the essence of travel through the eyes of a seasoned adventurer.

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DID YOU KNOW THIS ABOUT **Antonietta?**

Antonietta is the visionary behind abotti - a revolutionary low-impact group fitness experience. As a passionate women entrepreneur, she has cultivated an infectious and inclusive community where individuals unite to celebrate the joys of life through movement, adventure, and sheer fun.

A strong advocate of the "You Do You" movement, Antonietta believes in embracing adventures that push the boundaries of comfort. Her personal journey includes not one but two adventure races in the deserts of Morocco and Senegal, where she trekked with only a compass and a map. These experiences ignited her love for travel and adventure, culminating in the triumphant summit of Mt Kilimanjaro in Tanzania, Africa.

Beyond fitness, Antonietta is the driving force behind Abotti HOPE, a charitable foundation embodying the acronym "Help One Person Every day." With unwavering support from her community, she has successfully raised crucial funds and materials for those in need.

Now, Antonietta is embarking on a new adventure alongside Colette, aiming to offer empowering, challenging, and memorable experiences for all. This journey also presents an opportunity for participants to engage in meaningful outreach work, contributing to the greater good. Join Antonietta and Colette in this transformative expedition, where fitness meets philanthropy, and adventure is a way of life.



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EMBARKING ON THE CAMINO

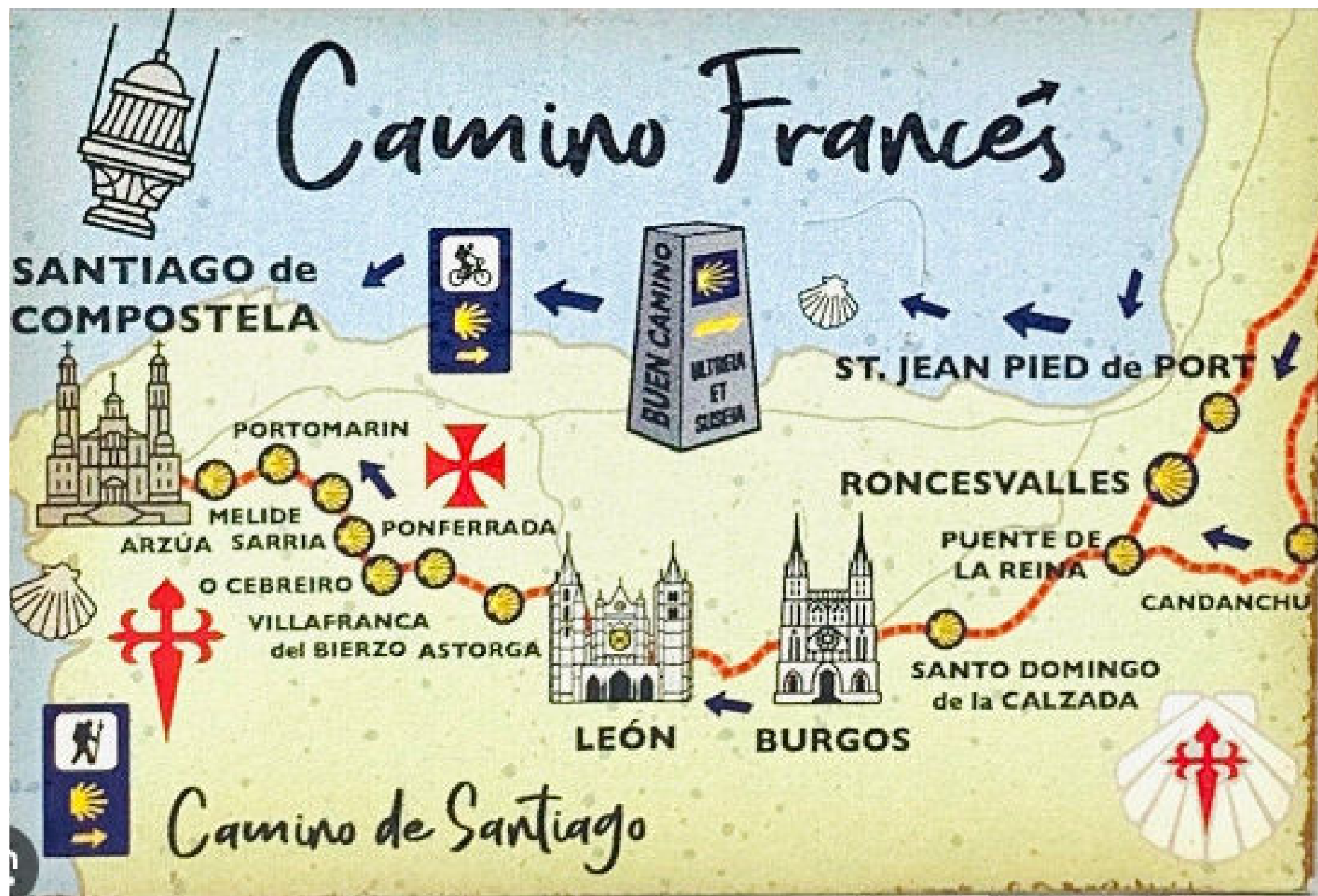
A JOURNEY OF SELF-DISCOVERY AND EXPLORATION

The Camino de Santiago, also known as the Way of St. James, is a network of ancient pilgrim routes that lead to the shrine of the apostle St. James the Great in the cathedral of Santiago de Compostela in Galicia, northwest Spain. While traditionally a religious pilgrimage, the Camino has evolved into a transformative journey that attracts people from all walks of life seeking adventure, self-discovery, and a connection with both nature and themselves.

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CAMINO FRANCES

Ponferrada to Santiago de Compostela

The beauty of the Camino lies not only in its destination but in the journey itself. The pilgrimage offers several routes, each with its own unique landscapes, challenges, and cultural experiences. We have chosen the Camino Frances, you'll traverse diverse terrains, from rugged mountains to quaint villages and serene countryside.

One of the most enchanting aspects of the Camino is the sense of community that develops among pilgrims. Regardless of nationality, age, or background, all share a common goal: to reach Santiago de Compostela. Along the way, you'll meet fellow travelers, swap stories, and find support in unexpected places. The communal spirit creates a unique and inclusive atmosphere that is both comforting and inspiring.

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FRENCH WAY SELF GUIDED WALK - LAST 205 KM

Ponferrada to Santiago de Compostela



Day One: Arrival to Ponferrada

- Arrive in Ponferrada and check into your accommodation.
- Spend the evening exploring Ponferrada Castle or relaxing in the local surroundings.
- Evening: Enjoy a traditional meal in Ponferrada
- Dinner not included

Day Two: Ponferrada to Villafranca del Bierzo (24 km)



- Start your Camino journey from Ponferrada.
- Walk through the lush region of El Bierzo, surrounded by mountains.
- Evening: Arrive in Villafranca del Bierzo, explore the town, and rest for the night.
- Breakfast and Dinner Included

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FRENCH WAY SELF GUIDED WALK - LAST 205 KM

Ponferrada to Santiago de Compostela

Day Three: Villafranca del Bierzo to O Cebreiro (30 km)

- Begin your day with a hearty breakfast in Villafranca del Bierzo.
- Experience the steep climb through Os Ancares and Serra do Courel.
- Enjoy spectacular views during the ascent to O Cebreiro.
- Evening: Rest and immerse yourself in the unique atmosphere of O Cebreiro
- Breakfast and Dinner Included .



Day Four: O Cebreiro to Triacastela (21 km)

- Walk through the Serra de Ranadorio and reach Alto do Poio.
- Enjoy panoramic views and encounter the pilgrim statue.
- Descend into the village of Triacastela and explore the surroundings.
- Evening: Relax and reflect on your journey.
- Breakfast and Dinner Included



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FRENCH WAY SELF GUIDED WALK - LAST 205 KM

Ponferrada to Santiago de Compostela

Day Five: Triacastela to Sarria (19 km)

- Choose between the San Xll Camino or visit the Samos Monastery.
- Enjoy the scenery with corredeiras and paved pathways through oak woods.
- Arrive in Sarria, a larger town, and explore its charm.
- Evening: Rest and prepare for the next leg of your journey.
- Breakfast and Dinner Included



Welcome to those arriving to walk the last 111km !

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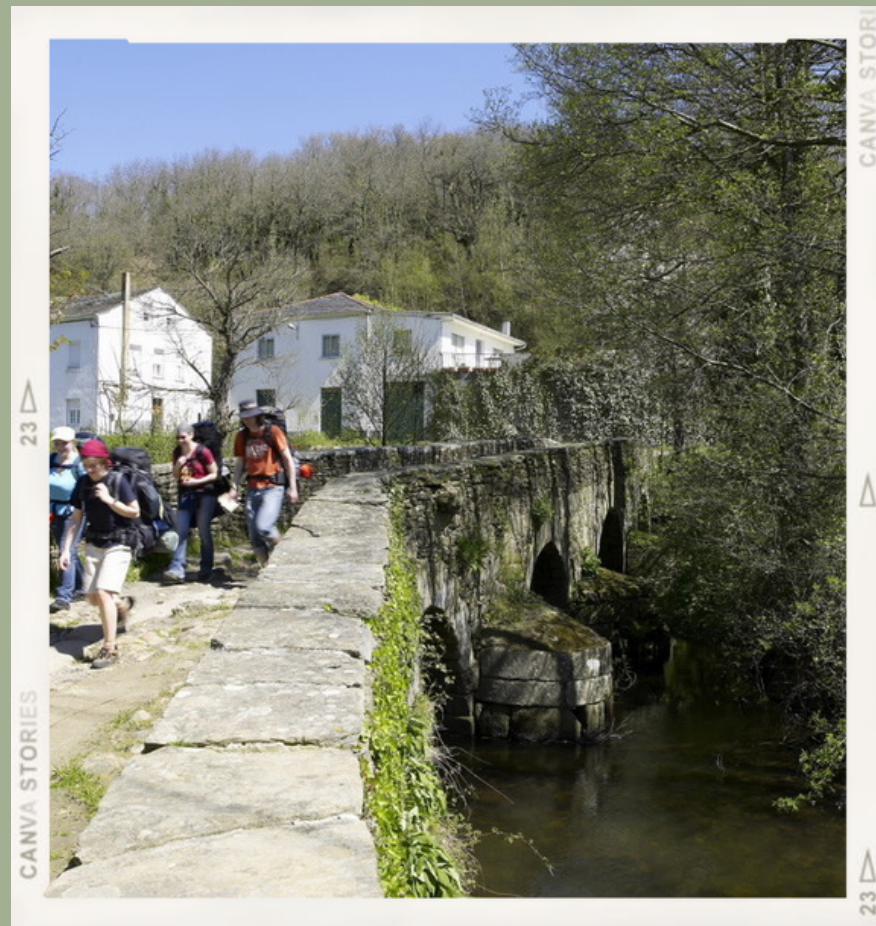


FRENCH WAY SELF GUIDED WALK - LAST 111 KM

Sarria to Santiago de Compostela

Day Six: Sarria to Portomarin (22 km)

- Experience a calm walk through villages and peaceful hamlets.
- Admire Galician traditional horreos along the way.
- Arrive in Portomarin and explore the town.
- Evening: Reflect on your Camino experience so far
- Breakfast and Dinner Included



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FRENCH WAY SELF GUIDED WALK - LAST 111 KM

Sarria to Santiago de Compostela



Day Seven: Portomarin to Palas de Rei (22 km)

- Cross the river Mino and ascend towards Serra de Ligonde.
- Pass through hamlets like Gonzar and Ventas de Naron.
- Arrive in Palas de Rei and explore the town.
- Evening: Rest and savor the memories of the day.
- Breakfast and Dinner Included

Day Eight: Palas de Rei to Arzua (28 km)

- Continue downhill, passing Casanova and Leboreiro.
- Cross streams and follow forest tracks to Arzua.
- Explore the medieval hamlet of Ribadiso and the town of Arzua.
- Evening: Enjoy local cheese and relax.
- Breakfast and Dinner Included



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FRENCH WAY SELF GUIDED WALK - LAST 111 KM

Sarria to Santiago de Compostela

Day Nine: Arzua to Amenal (23 km)



- Walk through woods, villages, and across streams.
- Visit the chapel of Santa Irene with its unique statue of Santiago.
- Reach Amenal and rest for the night.
- Evening: Reflect on your journey as you prepare for the final day
- Breakfast and Dinner Included .

Day Ten: Amenal to Santiago de Compostela (16 km)

- Walk to Lavacolla and prepare for your arrival in Santiago.
- Pass through Monte do Gozo for the first glimpse of the cathedral.
- Arrive in Santiago de Compostela in time for the pilgrim mass at 12 pm.
- Afternoon: Explore Santiago, attend the mass, and celebrate your Camino accomplishment
- Breakfast Included .



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BEFORE, DURING & AFTER THE CAMINO

Get ready to embark on an adventure of a lifetime!

September 17, 2024: Toronto departure to Madrid, Spain

September 18, 2024: 1 night in Madrid; in-destination meet and greet

September 19, 2024: Train to Ponferrada

September 20, 2024: Begin walking the Camino de Santiago

September 23, 2024: Meet up with those walking the last 111km

September 28, 2024: End of the Camino with Celebratory Dinner

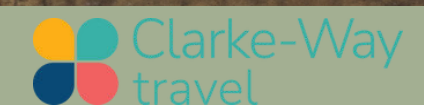
September 29, 2024: *Your Day, Your Way!* You will have a choice to either participate in an outreach project, take a full day excursion to Finisterre or do a half day city tour in Santiago. Evening guided Pintxos tour.

September 30, 2024: Train to Madrid, half day city tour of & overnight stay

October 1, 2024: Madrid departure back to Toronto



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LET'S TALK ACCOMMODATIONS

It's good to know where you will lay your head at night



Accommodation on the walk is a mix of simple 3-star hotels and bed & breakfast style pensions.

We are staying at properties which offer more privacy and security than the traditional hostels used along the way, and are simple in nature to preserve the “feel” of the Camino and its origins.



All accommodations will have two people sharing a room and will have a private bathroom with shower.

No single room option is available.



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WHAT'S INCLUDED:

- 13 nights accommodation with private bathroom based on double occupancy
- All transfers between airports, rail stations and hotels
- 12 breakfasts and 9 dinners
- Madrid City Tour
- Guided Pintxos Tour
- Gratuities for drivers, porters and day tour guides

- 9 nights accommodation with private bathroom based on double occupancy
- All transfers between airports, rail stations and hotels
- 10 breakfasts and 6 dinners
- Madrid City Tour
- Guided Pintxos Tour
- Gratuities for drivers, porters and day tour guides

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VALUE-ADD INCLUSIONS

Pre-Departure Meetings and Guidance:

- Comprehensive information and guidance sessions before your journey.

Guest Speaker Sessions:

- Engage with guest speakers to enhance your understanding and experience.

Private Facebook Page:

- Stay connected with fellow travellers through a dedicated online community

Coordination of Outreach Project:

- An option to participate in & contribute to a meaningful outreach project run by abotti HOPE

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VALUE-ADD INCLUSIONS

Fully Hosted Camino walk:

- Guided and supported walk along the Camino from Sept. 20-28, 2024

Luggage Transfer:

- Transport of luggage between stops on the Camino walk (excluding your day pack)

Hosted flights:

- Flights arranged via Colette and we will be on the flight with you leaving from Toronto

24/7 assistance on walk:

- Constant support and assistance during Camino Walk

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VALUE-ADD INCLUSIONS

E-books and Online Route Map:

- Access digital resources on your phone for additional information and navigation

Nightly briefing sessions:

- Discuss and recap what is to take place the following day

Celebration Dinner in Santiago:

- Cap off your journey with a special celebration dinner in Santiago with the group

Your Day, Your Way:

- Choice between an Outreach Project; a half day Santiago City Tour or day trip to Finnesterre

This all-encompassing package ensures that every aspect of your Camino Walk Experience is thoughtfully curated, providing a seamless and enriching adventure.

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FURTHER THINGS TO CONSIDER

- International flights are NOT included
- Travel Insurance including emergency medical, trip cancellation & interruption
- Ensure your passport is up to date and valid for 6 months beyond the return date
- Be sure to budget for meals not included in the itinerary - cash for small villages
- Beverages are not included unless otherwise stated
- Will there be any gear that you will need to purchase
- City tax of approx. 6 Euros per person per day is not included and must be paid locally
- Items of a personal nature: souvenirs, shopping etc.

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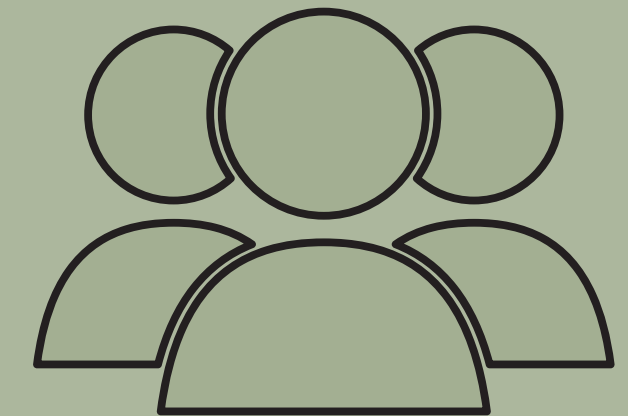
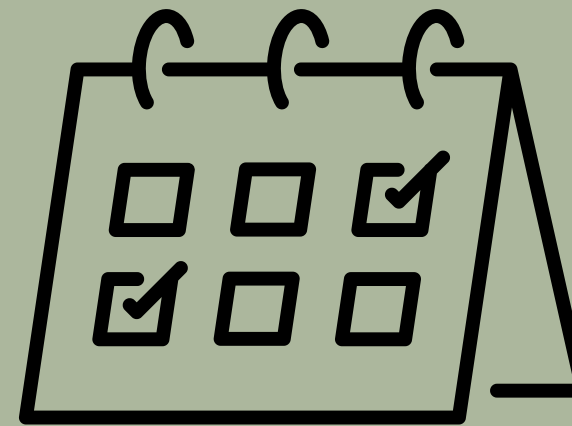


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BREAKDOWN OF THE CAMINO

Kilometers, days and maximum participants



Option 1: 205km

Ponferrada to Santiago de Compostela

205km : 11 days / 10 nights

205km: 16 participants max

Option 2: 111km

Sarria to Santiago de Compostela

111km : 7 days / 6 nights

111km: total group 30 max



Camino Frances last 205km

\$5140 CAD

*total package cost including taxes and all items on slides 14-17
international flights are not included*

Camino Frances last 111km

\$4195 CAD

*total package cost including taxes and all items on slides 14-17
international flights are not included*



WHAT NEXT?

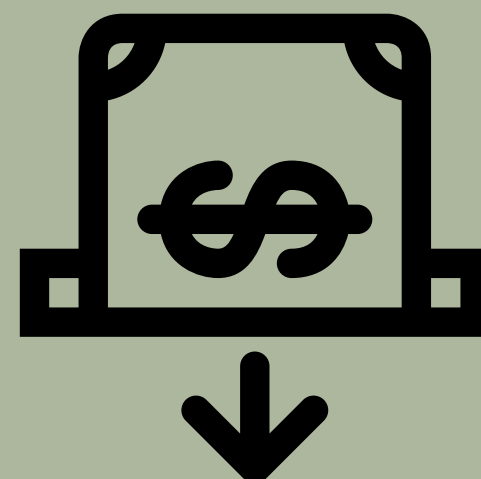
HOW TO RESERVE & GUARANTEE YOUR SPOT



**REGISTRATION OPENS
MONDAY NOVEMBER 27
AT NOON EDT**



**ALL REGISTRATIONS
WILL BE TIME
STAMPED**



**DEPOSIT OF \$1000 CAD
PER PERSON
MUST BE SENT WITH YOUR
REGISTRATION**



**REGISTRATIONS IN
EXCESS OF THE 30 SPOTS
WILL BE PLACED ON A
WAITLIST**

**REGISTRATION PACKAGE
WILL BE EMAILED FOLLOWING
PRESENTATION**

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CONTACT INFO

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